

# Community News

Free started aug 1



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# Community News

Free started nov 7



TUCKERSMITH COMMUNICATIONS CO-OPERATIVE LTD.

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now available in:

**Seaforth, Blyth,  
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**39 Main St. S, Seaforth**

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# Community News

Update weekly

## St. Peter's Lutheran Church, Brodhagen Pastor Laura Sauder

**13 Jan 13 2:30 pm**

**Service to celebrate the installation  
of our new pastor Laura Sauder**

**20 Jan 13**

**10:30 Holy Communion**

**2 Epiphany**



# Community News

Update weekly

## MAIN STREET UNITED CHURCH, MITCHELL

**Jan. 13**

**9:30am Sunday School**

**9:30am Non-Traditional Worship**

**11am Traditional Worship**

**Jan. 20**

**9:30am Sunday School**

**9:30am Non-Traditional Worship**

**11am Traditional Worship**



# Community News

UPDATE WEEKLY

## STRATFORD LEGION ENTERTAINMENT


**Jan 12<sup>th</sup> - Allen James**

**Jan 19<sup>th</sup> - Moonliters**



# Community News

Update jan 25



**KC's Kitchen  
Knox Presbyterian Church  
92 St. Andrew Street, Mitchell  
Thursday, January 24<sup>th</sup>  
at noon.**

# Community News

Faxed from Andrew Flowers Update weekly

**Mitchell \* Dublin \* Seaforth**

**LIONS TV BINGO Winners January 2<sup>nd</sup>**

**Adam Haney, Eileen Sloan, Beatrice  
Smitjes, Mike Tamm, Jody Lewis, Reta  
Kelland, Aida Kummer**

**Next Bingo Jan 9<sup>th</sup> Jackpot \$1000 in 50 numbers.  
Consolation prize of \$100**



# Community News

HIDE JAN 14

## Wellness for Seniors: Active Aging

### Wellness for Seniors: Active Aging

#### *Forever Young* EXERCISE CLASSES

**Mondays @ Mitchell Total Fitness 10:00am**

**Wednesdays @ Main St. United Church 9:00am**

**Fridays @ Mitchell Total Fitness 9:00am**

**All are welcome ~ First class FREE**

**\$3.00 for every class after**

**Outreach Office 348-9765**

**For Details**





# Community News

Hide jan 20

## Wellness for Seniors: Active Aging

### Foot Care Clinic

Next appointment February 7<sup>th</sup>  
& March 7<sup>th</sup>

Ritz Manor Apartments Lounge  
9 am to 5 pm \$20 per person

Outreach Office 348-9765  
For Details



# Community News

Update jan 11

## Wellness for Seniors: Active Aging

### 2012 CHAP Sessions

### (FREE Blood Pressure Checks)

Jan 10<sup>th</sup> 9-12@Mitchell Friendship Centre

Jan 21<sup>st</sup> 1-3pm@Dublin St. Patrick's Church

Jan 29<sup>th</sup> 1-4pm @ Ritz Manor Apartments Lounge

All are welcome!

Outreach Office 348-9765

For Details



# Community News

Hide jan 14

## Wellness for Seniors: Active Aging

**NINTENDO Wii**

**Tuesdays @ 2:00pm**

**Fridays @ 2:00pm**

**FREE & all are welcome**

**Ritz Manor Apartments Lounge**



**Outreach Office 348-9765**  
**For Details**



# Community News

Hide jan 14

## **Wellness for Seniors: Active Aging**

### **In-Home SUPPORT EXERCISE PROGRAM**

**Made up of 10 simple & progressive exercises designed to enhance and maintain functional fitness, mobility & independence. Program runs over a 10 week period.**

**Times are catered to suit client's schedule.  
\$2.00/week for a total of \$20.00 for 10 weeks.**

**Outreach Office 348-9765  
For Details**



# Community News

Hide jan 14

## Wellness for Seniors: Active Aging

**Active Wellness – Balance & Strength  
Exercise Class**

**Ritz Manor Lounge**

**Monday, Wednesday & Thursdays 1:30**

**Schedule subject to change**



**Outreach Office 348-9765  
For Details**



# Community News

Hide jan 14

## **Wellness for Seniors: Active Aging**

### **Interested in an Older Adult Exercise Program in Dublin?**

**We are looking for participants who may be interested in attending an Older Adult Exercise Program in Dublin. Includes Warm-up, cardio, cool down, strength training, balance training and stretching. Call to add your name to the list.**



**Outreach Office 348-9765  
For Details**



# Community News

Hidden run 1 week of the month

**FREE GAMBLING COUNSELLING**  
**Concerned about yours or a family member's gambling?**

**Professional help is available.**

**Free & Confidential Services!**

**Please call Choices for Change**  
**1-877-218-0077 for help and information.**  
**Locations in Huron & Perth counties.**



# Community News

Run 1 week every month

**The Huron-Perth Children's Aid Society is looking for "Fostering Families and Adoption Families" who can open their hearts and homes to children from our communities. For more information on the screening process to become a foster and/or adoptive family please contact Deanie Jardine at 519-524-7356 ext. 3275 or 1-800-265-5198**



Huron-Perth  
Children's Aid Society



# Community News

RUN 1 WEEK PER MONTH



*Brussels* (Family Health Team site)

## Foot Care Clinics

**Clinic Dates 3<sup>rd</sup> Thursday  
each month at 9:30 am**

**Contact Toll Free  
1-877-502-8277**

**Cost \$20 – cash or cheque  
made payable to ONE CARE  
Healthy Steps returns 9-11 am**



**You must call and book an appointment prior to foot care clinic.**

**ONE CARE Home & Community Support Services 1-877-502-8277**

# Community News

RUN 1 WEEK PER MONTH



## *Seaforth* (Family Health Team site) **Foot Care Clinics**

**Clinic Dates 4<sup>th</sup> Wednesday  
each month at 9 am**

**Contact Toll Free  
1-877-502-8277**

**Cost \$20 – cash or cheque  
made payable to ONE CARE  
Healthy Steps Returns 8-10 am**



**You must call and book an appointment prior to foot care clinic.**

**ONE CARE Home & Community Support Services 1-877-502-8277**

# Community News

2012-06 paid \$5 cash remove jan 8



**Happy 3<sup>rd</sup> Birthday  
NATHANIEL**

**Jan. 7<sup>th</sup>**

**Love Dad, Grandma,  
Grandpa & Aunt Kim**



# Community News

remove jan 8

**Brodhagen Chamber of Commerce**

## **Men's Euchre**

**Every Tuesday starting January 8<sup>th</sup>**

**until the end of March**

**at the Brodhagen Community Centre**

**at 8:00 p.m.**

**Check out**

**[www.brodhagencommunitycentre.com](http://www.brodhagencommunitycentre.com)**

# Community News

REMOVE JAN 9

**SEAFORTH HOSPITAL  
AUXILLARY MEETING  
TUESDAY, JAN 8<sup>TH</sup>  
7:30 PM  
CONF. ROOM #2**



# Community News

Remove jan 10



**Spaghetti Night**  
**Wednesday, Jan. 9<sup>th</sup>**

**5:30-7pm**

**\$7/person or**

**\$20/family**

**Take-out available**

**Mitchell Legion**

**Everyone Welcome**

  
**LEGION**

# Community News

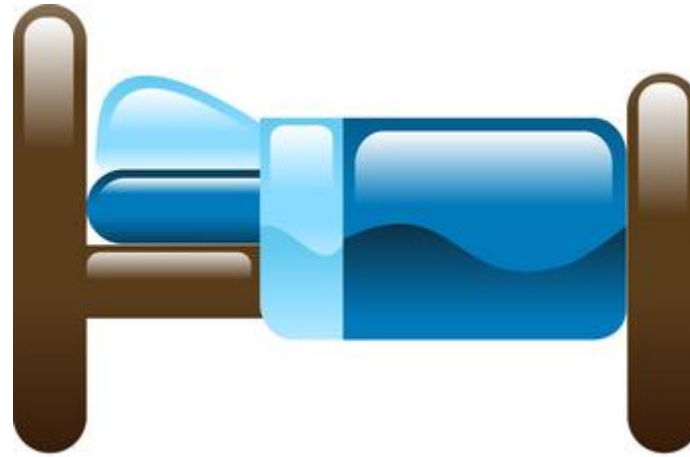
Remove jan 10

## WANTED TO BUY

**Good Used Single Bed With Mattress  
Must Be In Good Condition And Reasonable Price.**

**Call 519-229-6343**

**Or 226-235-5296**



# Community News

Remove jan 11



**Luncheon at Blyth Legion**

**January 10<sup>th</sup>**

**Meat Loaf**

**11am to 1pm**

**\$7 (dessert \$2.50 extra)**

**Take outs and deliveries available**

**Call 519-523-9535**

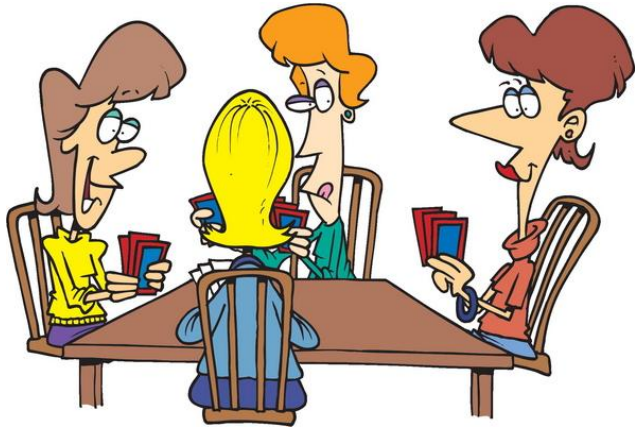
**Hosted by Blyth Legion**

**and Ladies Auxiliary**



# Community News

Remove jan 12



**Euchre Tournament**

**Londesboro Hall**

**Jan 11<sup>th</sup> at 7.30 pm**

**Admission \$5**

**Over \$ 100 in prizes**

**Proceeds for Hall improvements**

**The Londesboro Lions are going to  
sponsor the card party on Jan 11<sup>th</sup>**

# Community News

Remove jan 14



**Main Street United Church, Mitchell presents**  
**TEA 'N' TALK**

**Sunday, January 13<sup>th</sup> 1-4 pm**  
**in the Church Parlour**

**All members and adherents are invited to  
come and share their comments, questions  
and concerns with our Visioning Committee.**

**Please phone Clare French 519-348-9977 to  
arrange an appointment time  
Your input is important to us!**

# Community News

Remove jan 14

**We are Looking  
for Hay**

**Please Call  
519-345-0886**



# Community News

Remove jan 15

***January - Jammers open mic/jam is the  
1st and 3rd Saturdays 1pm  
NEW !! the 2<sup>nd</sup> and 4<sup>th</sup> Friday night will be a  
blues concert by the SkinnyRib Blues Band  
from 8:30 to 9:45 and at 10 till 11:30 , an  
open mic for guests to sing or play the  
blues with SkinnyRib  
Random Acts of Music, Mitchell***

# Community News

FREE –dale mccarthy REMOVE JAN 15

## For Sale

### Maytag front load dryer

### Excellent condition

### Call 519-272-5984



# Community News

Remove jan 16

**Grand Bend Men's Probus  
upcoming meeting:**

**Tuesday January 15<sup>th</sup>  
10.00 a.m. @ Grand Bend Legion**

**Speaker - Casey Lessard  
Canadian Arctic**

# Community News

Remove jan 17

**Open House**  
**Maplewood Manor**  
**13 Church St, Seaforth**  
**January 15<sup>th</sup> & 16<sup>th</sup>**  
**1-5 pm**  
**Come & take a tour**

# Community News

Update jan 20

**St. Marys Royal Canadian Legion Br 236**

**January 19<sup>th</sup> Meat draw with Karaoke.  
Karaoke starts at 5pm**

**Meat draw every Sat at 5pm  
20 draws for \$5. And a 50/50. 3 tickets for \$5  
Everyone welcome**

**Tuesday  
Ladies Pool 7pm,  
\$7/person**

**Wednesday  
Mixed Darts 7:30pm  
\$3/person**

**Thursday  
Men's Pool 7pm,  
\$7/person**



# Community News

Remove jan 20

**B & W Trail Blazers  
Snowmobile Driver Training Course  
Saturday, Jan 19<sup>th</sup>  
Brodhagen Community Centre  
Must be 12 years old day of course  
For more info call 348-8025 or 887-9663**



# Community News

remove jan 21



**Grace Lutheran Church,  
108 St David St Mitchell  
CHILI COOK OFF CONTEST  
Sunday, Jan 20<sup>th</sup> 12:30pm**

**Presentation From Creation  
Ministry International  
Free Will Offering**

# Community News

Remove jan 23

**Toonie Tuesday**

**Trinity Anglican Church – Blyth**

**11:30 am to 1 pm**

**Tuesday, January 22<sup>nd</sup>**

**Ham scalloped potatoes,**

**salad & dessert**

**Everyone is Welcome**



# Community News

Remove jan 27

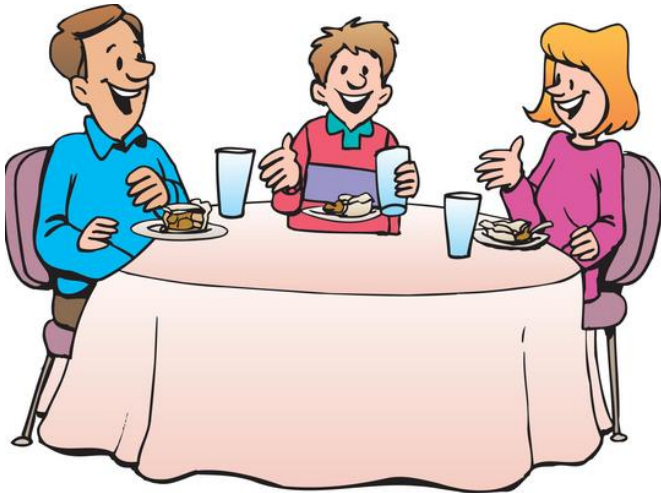


**Science Hill Drifters  
Snowmobile Club  
Annual Steak BBQ, Radar  
Run and Poker Rally  
Saturday January 26<sup>th</sup>  
Steak BBQ 5pm to 8pm  
Radar Run and Poker Rally  
9am to 3pm  
For BBQ Tickets Call Doug  
McIntosh 519-229-8210**

# Community News

Remove jan 28

## **Community Breakfast Blyth Legion Sunday, January 27<sup>th</sup> 8:30 am to 12 pm**



**Sponsored by Blyth Legion and  
Ladies Auxiliary  
Proceeds to support our  
community**